

Senior Connections, The Capital Area Agency on Aging's Annual Empty Plate Campaign

*\$50 Fills An Empty Plate
12 Times For A Senior*

Senior Connections' Empty Plate Campaign is a fundraising initiative to garner funds to support our ongoing efforts to improve the quality of life for seniors. In turn, we are able to help seniors remain independent in their homes and communities. Senior Connections is asking for your contribution to help provide critical services, including Meals, Medication Assistance, Caregiver Support, Transportation Assistance and Emergency Financial Aid, for Older Adults in the Counties of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, Powhatan and the City of Richmond. Our annual Empty Plate Benefit and Awards Luncheon celebrate achievements of the Empty Plate Campaign.

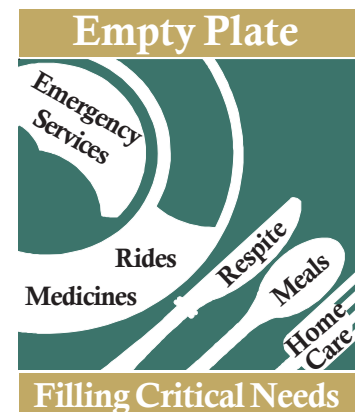
Each day, we respond to numerous requests from seniors and caregivers seeking help to pay for emergency food, medications, utility bills and other critical needs. We fulfill these requests as funds are available. However, it is becoming increasingly challenging for us to meet the needs of our growing population. Your support is greatly appreciated.

For additional information about the Empty Plate or Senior Connections, please contact:

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or

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**Senior
Connections**
The Capital Area Agency on Aging
Resources for Aging Well



You Can Make a Difference in Someone's Life!