



Friendship Cafés

A Nutrition Support Program Provided by
Senior Connections, The Capital Area Agency on Aging

Café Locations

City of Richmond

East Senior Center
1103 Oliver Hill Way

Good Shepherd Baptist Church

1127 N. 28th Street

Korean Senior Center

3203 Jeff Davis Hwy.

Linwood Robinson Senior Center

700 N. 26th Street

Monarch Woods

6501 Jahnke Road

Randolph

Community Center

1415 Grayland Avenue

West Senior Center

(Grace & Holy
Trinity Church)

8 North Laurel Street

Charles City and

New Kent Counties

Charles City

Recreational Center

8320 Ruthville Road
Ruthville

Chesterfield County

Bon Air Presbyterian

Friendship Café and Senior Activities

9201 W. Huguenot Road

Ettrick Community Center

20400 Laurel Road

New Covenant

Presbyterian Church

6415 Irongate Drive

Goochland County

Goochland Rec Center

2415 Sandy Hook Road

Hanover County

Lebanon United Methodist Church

8492 Peaks Road
Ashland

Montpelier

Senior Center

17203 Mountain Road

Henrico County

Four Mile Creek Baptist Church

2950 New Market Road
Varina

Highland Springs

Community Center

6 S. Ivy Avenue

Village Presbyterian Church

110 N. Laburnum Ave.

West Richmond

Church of the Brethren

7612 Wanyamala Road

Powhatan County

St. John Neumann Catholic Church

2480 Batterson Road



Hours & Days of Operation

Open 9:30 am to 1:00 pm

Days of operation
vary per location

Food, Fun and Fellowship at the Friendship Cafés!

What is a Friendship Café?

Senior Connections' Friendship Cafés are neighborhood gathering places for seniors. A hot midday meal, good friends, and many activities keep you connected to the community while meeting your nutritional needs.

Who May Attend?

Seniors who:

- Are age 60 or older and live in the City of Richmond or the Counties of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent or Powhatan
- Are not homebound and physically, mentally, and medically able to attend the Café
- Can participate without the help of additional private caregivers or family members unless family members are eligible to also attend the Café
- Live in a private residence; not a current resident of an adult care residence, assisted living facility, or nursing home

What is Provided?

Meals: A hot, nutritious meal at lunchtime. Since the Café is a nutrition program, you cannot bring your own lunch.

Activities: Exercise, lectures, health and nutrition education and screenings as well as social activities.

Field Trips: For those who can be accommodated and may include a client-purchased restaurant meal once a month.

Assessments: Initial assessment and periodic reassessments are performed to verify eligibility and to provide assistance to secure other services if needed.

How Do I Get Started?

Call 343-3029 to begin your short application process.

Is There a Charge to Participate?

No. Participants are encouraged to contribute according to their ability; however, there is no obligation to do so.

Who Is On Duty at the Friendship Café?

Friendship Cafés are staffed by knowledgeable meal site managers trained in proper and safe food service techniques and activity planning.

When is the Friendship Café Open?

Friendship Cafés are generally open 9:30 a.m. to 1:00 p.m. Days of operation vary depending on location. Cafés are closed on Saturdays, Sundays, major holidays and when the weather is unsure for travel.

How Can I Get There?

Participants can drive themselves, get rides with friends and family, or use the vans provided by Senior Connections, if transportation is available.

Please call **343-3000** for more information or to receive an application

